**Continued Accreditation Application: Orthopaedic Sports Medicine (Orthopaedic Surgery)**

401 North Michigan Avenue · Chicago, Illinois 60611 · United States · +1.312.755.7042 www.acgme-i.org

**Submission for Continued Accreditation:** This Advanced Specialty Application is for programs applying for **Continued Accreditation ONLY** and is used in conjunction with the Accreditation Data System (ADS).

All sections of the form applicable to the program must be completed for it to be accepted for review. The information provided should describe the existing program. For items that do not apply, indicate “N/A” in the space provided. Where patient numbers are requested, provide exact numbers as requested and indicate the exact dates for the data entered. If any requested information is unavailable, an explanation must be given, and it should also be indicated as unavailable in the appropriate place on the form. Once the form is complete, number the pages sequentially in the bottom center.

The program director is responsible for the accuracy of the information supplied in this form and must sign it. It must also be signed by the designated institutional official (DIO) of the Sponsoring Institution, who will submit the application electronically in ADS.

Review the International Foundational Program Requirements for Graduate Medical Education and Advanced Specialty Program Requirements for Graduate Medical Education in Orthopaedic Sports Medicine. The International Foundational, Advanced Specialty, and Institutional Requirements may be downloaded from the ACGME International website: [www.acgme-i.org](http://www.acgme-i.org/).

Email questions regarding the form’s content to [acgme-i@acgme-i.org](mailto:acgme-i@acgme-i.org).

Email questions regarding ADS to [ADS@acgme.org](mailto:ADS@acgme.org) (type the program number in the subject line).

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| Program Name: Click here to enter text. |

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**Introduction**

**Duration and Scope of Education**

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| * + - 1. What is the length, in months, of the educational program?   Choose an item.  **Participating Sites**   1. Are orthopaedic surgery residents educated at the same participating sites as orthopaedic sports medicine fellows? YES NO   If ‘NO,’ skip to next section. If ‘YES,’ how does the program ensure that a written program letter of agreement specifying the educational relationship between the residency and fellowship programs is developed and used for the education of both residents and fellows? (Limit 250 words)   |  | | --- | | Click here to enter text. | |

**Program Personnel and Resources**

**Program Director**

Has the program director:

1. completed an Accreditation Council for Graduate Medical Education (ACGME)- or ACGME-I-accredited sports medicine fellowship? YES NO
2. engaged in periodic updates or training in teaching, supervising, and formal evaluation of fellows? YES NO

Explain any ‘NO’ responses. (Limit 250 words)

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**Faculty**

1. How does the program ensure there are at least two core faculty members in addition to the program director who are certified in in orthopaedic sports medicine? (Limit 250 words)

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**Resources**

1. Using site numbers as assigned in ADS, indicate the educational opportunities provided during required rotations. *Note that Site #1 is the primary clinical site.*

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| **Educational Opportunity** | Site #1 | Site #2 | Site #3 | Site #4 | Site #5 |
| Adjunctive equipment for arthroscopy | YES NO | YES NO | YES NO | YES NO | YES NO |
| Arthroscopes | YES NO | YES NO | YES NO | YES NO | YES NO |
| Imaging equipment | YES NO | YES NO | YES NO | YES NO | YES NO |
| Operating rooms | YES NO | YES NO | YES NO | YES NO | YES NO |
| Outpatient facilities | YES NO | YES NO | YES NO | YES NO | YES NO |
| Physical therapy or athletic training facility | YES NO | YES NO | YES NO | YES NO | YES NO |
| Primary care sports medicine | YES NO | YES NO | YES NO | YES NO | YES NO |

1. How does the program ensure that a sufficient number and variety of new and follow-up patients are available for each fellow without diluting the educational experience of orthopaedic surgery residents, if present? (Limit 300 words)

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**Fellow Appointment**

**Eligibility Criteria**

* 1. How does the program ensure fellows have completed an ACGME-, or ACGME-I-accredited orthopaedic surgery residency or another orthopaedic surgery residency acceptable to the program director and the Sponsoring Institution’s Graduate Medical Education Committee? (Limit 250 words)

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**Specialty-Specific Educational Program**

**ACGME-I Competencies**

**Professionalism**

1. How do graduating fellows demonstrate a commitment to fulfilling their professional responsibilities and adhering to ethical principles?

Describe how these skills are evaluated. (Limit 300 words)

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**Patient Care and Procedural Skills**

1. How do graduating fellows demonstrate the ability to provide patient care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health?

Describe how this is evaluated. (Limit 300 words)

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1. How do graduating fellows demonstrate competence in evaluating and managing both operative and non-operative patients with sports injuries or conditions and in making sound clinical judgements?

Describe how competence is evaluated. (Limit 300 words)

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1. How do graduating fellows demonstrate competence in the following?
2. Dealing with injuries on the athletic field
3. Differentiating between those sports injuries that require immediate surgical treatment and those that can be treated non-operatively
4. Providing acute care of orthopaedic and other acute sports medicine injuries that occur during an athletic competition

Describe how competence is assessed in each area listed. (Limit 300 words)

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1. How do graduating fellows demonstrate competence in the following?
2. Applying return-to-play criteria
3. Decision-making regarding an athlete’s ability to safely participate in practice or competition

Describe how competence is assessed in each area listed. (Limit 250 words)

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1. How do graduating fellows demonstrate competence in managing patients with typical histories and physical findings of chronic orthopaedic sports injuries?

Describe how competence will be evaluated. (Limit 250 words)

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1. How do graduating fellows demonstrate competence in ordering and interpreting radiologic examinations used for diagnosis of sports injuries?

Describe how competence will be evaluated.(Limit 250 words)

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1. Does the program ensure graduating fellows can competently perform the following procedures considered essential for sports medicine?
2. Arthroscopy (regenerative or repair procedures), allograft, and implantation procedures involving articular cartilage YES NO
3. Capsulorrhaphy and arthroscopy for glenojumeral instability YES NO
4. Elbow arthroscopy and open procedures YES NO
5. Knee multi-ligament reconstruction YES NO
6. Knee multi-ligament repair YES NO
7. Meniscus repair procedures YES NO
8. Open or arthroscopic treatment for acromioclavicular instability YES NO
9. Repair and reconstruction procedures for knee instability, including ACL reconstruction

YES NO

1. Repair, reconstruction, and treatment procedures for patellofemoral instability YES NO
2. Rotator cuff repair and treatment procedures YES NO

Explain any ‘NO’ responses. (Limit 250 words)

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**Medical Knowledge**

1. How do graduating fellows demonstrate knowledge of established and evolving biomedical, clinical, epidemiological, and social-behavioral sciences, as well as the application of this knowledge to patient care?

Describe how knowledge is evaluated. (Limit 400 words)

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1. How do graduating fellows demonstrate knowledge of basic sciences and medico-legal issues related to orthopaedic sports medicine?

Describe the evaluation criteria and process. (Limit 250 words)

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1. How do graduating fellows demonstrate knowledge of the following as they pertain to orthopaedic sports medicine?

Indications, risks, and limitations of commonly performed procedures

Psychological effects of injuries on athletes

Sports equipment, including braces, orthotics, and protective devices, to allow the athlete to continue to compete

The role of medical treatment

Use, appropriateness, and efficacy of therapeutic modalities in physical therapy

Provide examples of how is knowledge evaluated in three of the five areas listed. (Limit 300 words)

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1. How do graduating fellows demonstrate knowledge of applying research methods to critically analyze research reports and design and implement clinical or basic research in orthopaedic sports medicine?

Describe the evaluation criteria and process. (Limit 300 words)

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**Practice-based Learning and Improvement**

1. How do graduating fellows demonstrate the ability to investigate and evaluate their care of patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and lifelong learning?

Describe how this is evaluated. (Limit 300 words)

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**Interpersonal and Communication Skills**

1. How do graduating fellows demonstrate interpersonal and communication skills that result in the effective exchange of information and collaboration with patients, their families, and other health professionals?

Describe how these skills are evaluated. (Limit 300 words)

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**Systems-based Practice**

* + - 1. How do graduating fellows demonstrate an awareness of and responsiveness to the larger context and system of health care, including the social determinates of health, as well as the ability to call effectively on other resources in the system to produce optimal health care?

Describe how these skills are evaluated. (Limit 300 words)

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**Regularly Scheduled Educational Activities**

1. Complete Appendix A., Formal Didactic Sessions by Academic Year, and attach to submission.
2. Do didactic sessions include the following?
   1. Active faculty member and fellow participation YES NO
   2. One monthly journal club in orthopaedic sports medicine YES NO
   3. One monthly morbidity and mortality conference YES NO
   4. One weekly teaching conference YES NO

Explain any ‘NO’ responses. (Limit 250 words)

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1. Does the didactic curriculum include the following topics as related to orthopaedic sports medicine?
2. Anatomy YES NO
3. Athletic populations YES NO
4. Biology of healing YES NO
5. Biomechanics YES NO
6. Cardiology YES NO
7. Dermatology YES NO
8. Environmental exposure YES NO
9. Exercise physiology YES NO
10. Mechanisms of sports injuries YES NO
11. Multimodal pain treatment, including non-narcotic pain medications and alternative pain reducing modalities YES NO
12. Pediatric and adolescent medicine YES NO
13. Preventive medicine YES NO
14. Protective equipment YES NO
15. Pulmonology YES NO
16. Team physicians YES NO

Explain any ‘NO’ responses. (Limit 250 words)

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1. Does the didactic curriculum include the evaluation of practices that ensure and improve patient safety, as well as instruction in established patient safety measures? YES NO

Explain if ‘NO.’ (Limit 250 words)

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**Clinical Experiences**

1. How do clinical experiences emphasize a scholarly approach to clinical problem solving, self-directed study, teaching, development of analytic skills, surgical judgement, and research? (Limit 400 words)

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1. Do clinical experiences include the following?
2. Collaboration with athletic training YES NO
3. Collaboration with physical therapy YES NO
4. Continuing responsibility for patients with acute athletic injuries YES NO
5. Continuing responsibility for patients with chronic athletic injuries YES NO
6. Management of patients with a wide variety of sports medicine problems YES NO
7. Observation of the natural course of athletic injuries and the effects of various therapeutic modalities on their outcome YES NO
8. Providing consultation on the management of injuries in athletes YES NO
9. Providing on-site athletic event coverage YES NO
10. Working with athletic teams and/or athletic organizations YES NO

Explain any ‘NO’ responses. (Limit 250 words)

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1. How does the program ensure fellows continue to provide care to their own post-operative patients until discharge or until a patient’s post-operative conditions are stable and the episode of care is concluded? (Limit 300 words)

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1. Do clinical experiences include appropriate use of laboratory tests, diagnostic imaging, physical modalities, non-operative treatment, and operative procedures for the diagnosis and management of athletic injuries? YES NO

Explain if ‘NO.’ (Limit 250 words)

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1. Do clinical experiences include teaching fellows, allied health personnel, residents, and medical students, if present? YES NO

Explain if ‘NO.’ (Limit 250 words)

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1. How does the program ensure that fellows maintain a close working relationship with orthopaedic surgery residents, and other fellows in orthopaedic surgery and other disciplines, when present? (Limit 300 words)

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**Scholarly Activity**

1. Does the program offer fellows the opportunity to participate in basic and/or clinical hypothesis-based research? YES NO

If ‘YES,’ briefly describe the opportunity and the expectations about fellows’ participation. Include which research skills are taught in the curriculum. (Limit 400 words)

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Explain if ‘NO.’ (Limit 250 words)

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1. How much scheduled and protected time is available to fellows to allow them to engage in scholarly activity? Indicate the number of days per month, averaged over the program.

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**Evaluation**

**Fellow Evaluation**

* + - 1. How does the program ensure fellows are evaluated for expected entry-level skills within six weeks of entry into the program? (Limit 250 words)

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**The Learning and Working Environment**

**On-Call Activities**

1. How does the program ensure night float does not exceed three months per year? (Limit 250 words)

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**Appendix A. Formal Didactic Sessions by Academic Year**

For each year of fellowship, attach (Label: Appendix A.) a list of all scheduled didactic courses (including discussion groups, seminars and conferences, grand rounds, basic science, skills labs, and journal club) at all participating sites to which fellows rotate, using the format below. If attended by fellows from multiple years, list in each year but provide a full description *only the first time a site is listed*.

Number sessions **consecutively** from the first year through the final year so that the scheduled didactic sessions can be easily referenced throughout the application. **Be brief and use the outline that follows**.

Year in the Program:

Number: Title:

a) Type of Format (e.g., seminar, conference, discussion groups)

b) Required or elective

c) Brief description (three or four sentences)

d) Frequency, length of session, and total number of sessions

**Example:**

|  |
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| Y-1  01. Introduction to orthopaedic sports medicine  a) Seminar  b) Required Y-1  c) Survey of contemporary methods and of orthopaedic sports medicine, including  approaches to clinical work with minority populations.  d) Weekly, for 8 sessions.  02. Departmental Grand Rounds  a) Discussion groups  b) Required, Y-1, Y-2, Y-3; Elective Y-4  c) Clinical case presentations, sponsored by each departmental division, followed by discussion and review of contemporary state of knowledge. Format includes fellow presentations and discussions with additional faculty discussant.  d) Twice monthly, 24 sessions |

If fellow attendance is monitored, explain how this is accomplished and how feedback is given regarding non-attendance. (Limit 250 words)

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